

Achal

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Carrier Objective:

A passionate and dedicated **MBA (HR)** student seeking an opportunity to apply my academic knowledge and internship experience in a dynamic HR role. I aim to contribute to employee engagement, recruitment, and organizational development while continuously learning and growing in the field of Human Resource Management company goals.

Project: Brand Recovery Through Emotional Branding After a Crisis

Course: MBA in Human Resource Management

Institution: Guru Nanak Dev University Regional Campus, Gurdaspur

Duration: Jan 2025 – June 2025

Tools Used: JASP, MS Excel, Google Forms.

Description:

- Conducted a research project to examine how emotional branding strategies help organizations recover post-crisis.
- Collected primary data from 150+ respondents using structured questionnaires.
- Performed data analysis using JASP software (Regression, ANOVA, Chi-square tests) to identify customer perception patterns.
- Studied the emotional impact of brand communication and advertising on loyalty regain.

Internship:

Jindal Stainless Limited, Hisar
HR Intern

12 August 2025- 17 Jan 2026

Key Responsibilities:

- Recruitments, sourcing and screening.
- Telephonic interviews.
- Interview scheduling and coordination.
- MIS and Tracker maintenance.

- Onboarding assistance.
- HR Operations supports.

Jindal Stainless Limited, Hisar
2024

Duration: 45 Days

Role: HR Intern

1 June 2024- 15 July

Key Responsibilities:

- Assisted in recruitment process and documentation
- Maintained employee data in Excel
- Supported in attendance and leave tracking
- Learned basics of HR policies and procedures

Technical Proficiencies:

- Strong Knowledge of Naukri & LinkedIn online platforms.
- Strong Communication and Interpersonal Skills.
- Basic Knowledge of MS Excel, Word, and PowerPoint, MS Outlook.
- Familiar with Recruitment and Selection Process.
- Understanding of Employee Onboarding & Documentation.
- Time Management and Organizational Abilities.
- Ability to Work Effectively in a Team.
- Quick Learner and Adaptable to New Environments.
- Basic Understanding of HR Policies and Labour Laws.

Soft Skills

- Interpersonal Skills
- Problem-Solving
- Teamwork & Collaboration
- Time Management

- Active Listening

Strengths:

- Confident and sincere
- Fast learner and positive thinker
- Good listener and team player

Educational Qualifications:

- **2023-2025**

MBA (HR) Guru Nanak Dev University, Amritsar GNDU Regional Campus, Gurdaspur.

69.33% Marks

- **2020-2023**

B.Com Guru Nanak Dev University Govt. College, Gurdaspur.

66% Marks

PERSONAL DETAILS:

Name	:	Achal
Father's Name	:	Sat pal
Date of Birth	:	25 Jan 2003
Languages Known	:	English, Hindi, and Punjabi
Marital Status	:	Unmarried

Date:

Place:

(Achal)